

PREVENTING SCHOOL BULLYING

CREATING A SCHOOL WHERE EVERYONE BELONGS



Santee
School District

EVERYONE BELONGS AT OUR SCHOOL!

- *Q. What is the definition of a bully?*
- *Q. Why do you think kids bully?*
- *Q. What does bullying look like?*

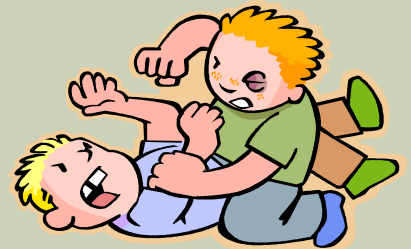


TYPES OF BULLYING

- **Physical** – involves harmful actions against another person's body or property.

Examples: pushing, punching, hitting, tripping; any form of violence, intimidation...

Damaging or stealing property is also bullying...



TYPES OF BULLYING

- **Verbal** – speaking to a person or about a person in an unkind, untruthful or hurtful way.

Examples: sarcasm, teasing, put-downs, name calling, inappropriate phone calls, spreading rumors, hurtful gossip...



TYPES OF BULLYING

- **Emotional** - involves behaviors that upset, exclude, or embarrass a person.

Examples: nasty notes, saying mean things using technology (cyber bullying: using emails, texts, chat rooms, Social Networks like Facebook), intentional exclusion from games or activities, tormenting, threatening, humiliating, social embarrassment...



TYPES OF BULLYING

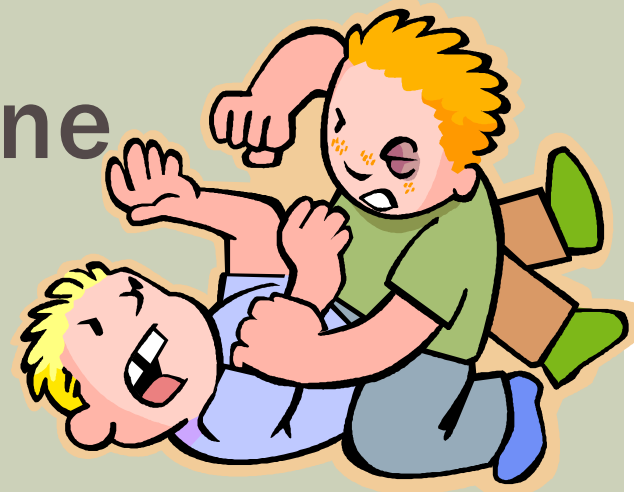
■ Other types of Bullying

Sexual Harassment – sexual comments, abusive comments or gestures, unwanted physical contact

Racial – racial slurs, gestures, name-calling, making fun of customs /skin color / accent

DIRECT VS. INDIRECT BULLYING

- **Direct Bullying examples:**
 - hitting, kicking, or shoving
 - taunting, teasing, racial slurs, verbal harassment
 - threatening or obscene gestures



INDIRECT BULLYING

- **Indirect Bullying examples:**
 - Getting another person to bully someone for you
 - Spreading rumors or gossip
 - Excluding someone from a group or activity
 - Cyber-bullying



ROLES IN A BULLY SITUATION

- **Bully** – one or more students who intentionally intimidate or harm another student
- **Victim** – the student who is being bullied
- **Bystander(s)** – one or more students who stand on the sidelines and witness acts of bullying



Q. WHAT CAN YOU DO WHEN YOU ARE BULLIED?

- Tell a friend
- Tell an adult
- Tell a staff member
- Tell the Principal or Vice Principal
- Say “Please stop bullying me.”
- Say “Leave me alone, I don’t like it.”
- Stay calm and walk away
- Join a group of friends nearby
- Tell your parents
- Understand that your name can be anonymous

BYSTANDERS ARE THE KEY TO STOPPING BULLYING ON OUR CAMPUS



- **Q. Why do you think a bystander might hesitate to report or help someone who is being bullied?**
- **Q. Why should you report and/or help the victim?**

Q. WHAT CAN A BYSTANDER DO TO HELP THE VICTIM OF A BULLY?

- Walk away
- Walk away and get help
- Tell the bully to stop, this is wrong, we don't treat each other this way at our school
- Say "I am going to get help!"
- Do not laugh or add comments
- Intervene by asking the victim to go with you and do something together
- Report the incident later
- Privately empathize with the victim, let him/her know that the bully was wrong
- Tell your parents



WHEN YOU REPORT A BULLYING INCIDENT:

- You are making our school safer
- You are helping a student in need
- You are saying “Bullying is not permitted at our school.”
- You are a leader
- You care about our school
- You are doing the right thing
- You witnessed an injustice and are doing your part
- You are a caring student and displaying outstanding character

CYBER-BULLYING

- Q. What are some electronic devices a person might use to cyber-bully?
- Q. What are some examples of cyber-bullying?

CYBER-BULLYING (LEGAL DEFINITION)

- An electronic act for the transmission of communication, including, but not necessarily limited to, a message, text, sound, or image posted on a social network internet web site, by means of an electronic device including telephone, wireless telephone, other wireless devices, computer or pager.
- Involves sending offensive, humiliating or threatening messages or images through the computer or cell phone

EXAMPLES OF CYBER-BULLYING

- Spreading vicious rumors
- Defaming a person via a Blog, Twitter...
- Inappropriate pictures
- Seeking others to delete friendship links or exclude a person
- Posting personal inappropriate information about another
- Pretending you are someone else to send inappropriate messages

CYBER-BULLYING

- Q. Why do you think kids will bully others using electronic equipment, such as a phone, texting, social network...?
- Q. If you are with other friends and you cyber-bully someone using a computer, is the person who is typing the only one breaking the law?

WHAT TO DO WHEN CYBER-BULLYING TAKES PLACE

- Do not respond to the message
- Keep the message – do not delete
- Print the message if possible
- Tell your parents
- Inform school personnel or law enforcement as soon as possible
- Only give your phone number or e-mail information to people you can trust
- Don't take pictures of a sexual nature
- If you plan to give information, ask yourself “How would I feel if this went public?”



THE LAW

- When bullying behaviors substantially interfere with a victim's academics, ability to participate in school activities or privileges provided by the school, the bully has violated the law.
- 3 New Laws
- AB 9 (Pupil Rights: Bullying)
- AB 1156 (Pupil: Bullying)
- AB 746 (Pupils: Cyber-bullying)
- Ed Code (Bully Code)
- Penal Code – Laws – Sexting as Bullying

BULLYING

When you bully someone you are not just breaking a school rule you are breaking the LAW.



Q. WHAT CAN WE DO TO STOP BULLYING AT OUR SCHOOL?

- Recognize bully behavior
- Work together to eliminate bullying
- Support victims of bullying
- Seek a staff member
- Remind Bully that bullying is not permitted at our school
- When you report bullying, your name can be anonymous

DISTRICT LEVEL CONSEQUENCES

- **Parents notified**
- **Suspensions**
- **Administrative Review Hearings – District**
- **Expulsion Hearing – School Board**
- **Notify law officials when necessary**

FRIENDS?

SOMETHING TO THINK ABOUT

- Have you ever been mistreated by your friend?
- Is there give and take in your relationship?
- Is your friend sensitive to your feelings?
- Have you ever been treated cruelly either physically or psychologically by your friend?
- Does your friend treat you badly when other kids are around?

OUR SCHOOL

- Always Remember:
- ***“This is our school and bullying will not be tolerated.”***





 video